

Mourne International Walking Festival 2018 Pre-booking Form

Please use this form to book your place by post and avail of our special pre-booking prices. You may change the day you wish to take part on arrival. Please complete the section below and list all names and addresses of those attending (under 16s: walk participants FREE. Life & Sole Swing Cost £15/€18 (under 16s £10/€12)).

FESTIVAL TICKETS	NO. REQUIRED	COST
1 Day Ticket £6/€10		
2 Day Ticket £12/€15		
3 Day Ticket £15/€20		
Life & Sole Swing Ticket £15/€18		
Under 16s Life & Sole Swing £10/€12		
Total Cost		

Name	
Address	
Postcode	Telephone
Email	Age (if under 16)
Next of Kin Contact Name	
Next of Kin Contact Number	

Name	
Address	
Postcode	Telephone
Email	Age (if under 16)
Next of Kin Contact Name	
Next of Kin Contact Number	

Continue on a separate sheet if necessary

Please ensure you complete the medical consent form on the reverse of this booking form.

Please make cheques payable to Pioneer Group and note that all pre-booking forms must be received by 18 June 2018.

Please forward completed booking form with payment to: Mourne International Walking Festival c/o Pioneer Group, 637A Lisburn Road, Belfast, BT9 7GT

Newry, Mourne and Down District Council collects the information on this form to deliver the Mourne International Walking Festival. This information is processed as part of Council's public task of promoting tourism, and active and healthy lifestyles. Council has two delivery partners to assist with the event; LK Communications and the Pioneer Group. The information you provide will be shared with those organisations. Your information will be processed in accordance with the Data Protection Act and will not be shared with any other organisations except where it is necessary for Council to comply with the law. For further information on this please contact Council's Data Protection Officer at info@nmandd.org

We would like to send you information about Council's Services by post, email and text message (SMS). If you do not agree to being contacted in this way, please tick this box.

The Walks

FRIDAY 22

Walk 1 - 15km The Mourne Way/Mountain Ramble (Moderate)

Festival Centre, bus to Ott Car Park, following Mourne Way to Registration Centre.

SATURDAY 23 JUNE

Walk 2 - 10km Road/ Track Walk

Festival Centre, Promenade, Castle Park, Island Park, Tipperary Wood, Tullybrannigan, Tollymore Forest Park, Wild Forest Lane, Tollymore Road, Bryansford Road, Main Street, Promenade, Festival Centre.

Walk 3 - 20km Road/ Track Walk

Festival Centre, Promenade, Castle Park, Island Park, Tipperary Wood, Tullybrannigan, Tollymore Forest Park, Burrenreagh, Castlewellaan, Drumees Lanes, Tollymore Road, Bryansford Road, Main Street, Promenade, Festival Centre.

Walk 4 - 13km Mountain Ramble (Strenuous)

Festival Centre, bus to Happy Valley, path to Hare's Gap contouring Slieve Bearnagh to the Brandy Pad, Glen River Path, Donard Park, Festival Centre.

Walk 5 - 12km Mountain Hike (Very Strenuous)

Festival Centre, bus to Ott Car Park, track to summit of Doan, summit of Ben Crom, summit of Slieve Bearnagh, summit of Slieve Meelmore, path to Happy Valley, Happy Valley Car Park, bus to Festival Centre

SUNDAY 24 JUNE

Walk 6 - 12km Road/ Track Walk

Festival Centre, bus to Ardilea, Dundrum Coastal Path, Dundrum, Dundrum Castle, Dam Lane, Keel Point, Murlough Nature Reserve, Newcastle Beach, Promenade, Festival Centre.



Mourne Mountains
Voted Best Walking Destination
in Northern Ireland



Mourne Mountains
& Ring of Gullion
visitmournemountains.co.uk

Walk 7 - 20km Road/ Track Walk

Festival Centre, Main Street, Castlewellaan Road, Maghera, Wateresk Hill, Moneylane, Dundrum, Keel Point, Murlough, Newcastle Beach, Promenade Festival Centre.

Walk 8 - 15km Mountain Ramble (Strenuous)

Festival Centre, bus to Carrick Little car park, follow path adjacent to Annalong Wood, Annalong Valley, Brandy Pad, Hare's Gap, Trassey Track, Meelmore Lodge, bus to Festival Centre.

Walk 9 - 10.5km Mountain Hike (Very Strenuous)

Festival Centre, bus to Bloody Bridge, Quarry Track to Bog of Donard, Slieve Donard, Glen River Path, Donard Park, Festival Centre.

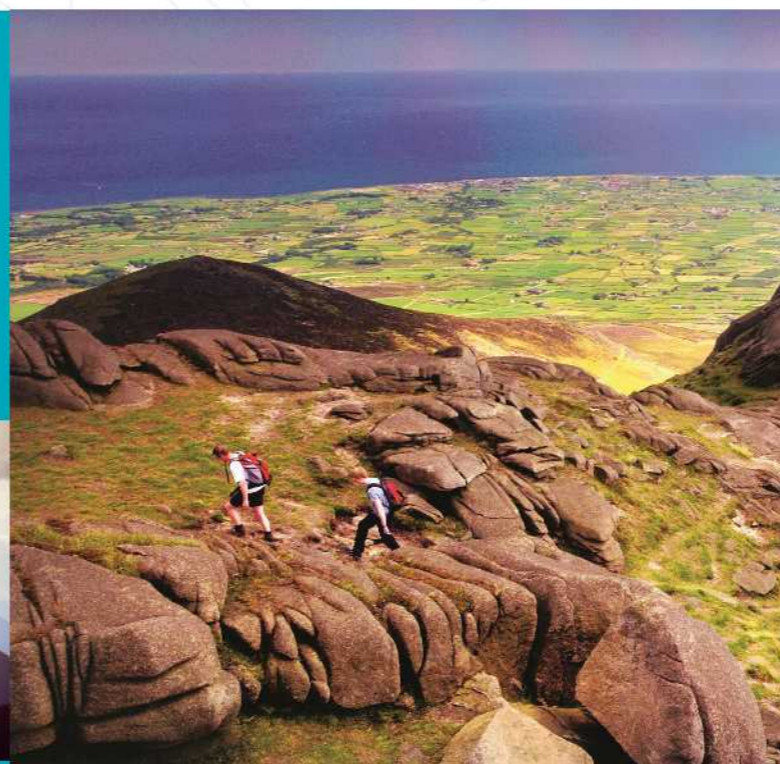
The Festival Hub at Hugh McCann's, Central Promenade, Newcastle, will be open for registration from 8am on each day (Friday, Saturday and Sunday) and walkers are advised to plan their day to ensure they sign out by 6pm at the end of each walk.

Registering in advance is advised and encouraged via Eventbrite – search 'Mourne Walking Festival'

Life & Sole Swing

SATURDAY 23 JUNE

The highlight of the weekend is the 'Life & Sole Swing' on Saturday 23 June, held in McCann's, Central Promenade, Newcastle. Entry to the Life & Sole Swing is £15/€18 (under 16s £10/€12). Please note a limited number of tickets are available, pre-book your place via the Festival Eventbrite or by emailing info@mournewalking.co.uk for more information. For information on local accommodation options go to www.visitmournemountains.co.uk



Follow The Country Code

Enjoy the countryside and respect its life and work. Guard against all risk of fire. Fasten all gates. Keep to public paths across farmland. Use gates and stiles to cross fences, hedges and walls. Leave livestock, crops and machinery alone. Take your litter home. Help to keep all water clean. Protect wildlife, plants and trees. Take special care on country roads. Make no unnecessary noise.

Fitness Note

The Mountain Ramble and Hike routes are moderate to very strenuous. Please only attempt these walks if you have the required level of fitness. The organisers reserve the right to change or cancel any route.

f /nmdcouncil

@nmdcouncil

How To Get There



For further information please contact:

Mourne International Walking Festival
info@mournewalking.co.uk
www.visitmournemountains.co.uk

f /visitmournemountains

@visitmourne

Ag freastal ar an Dún
agus Ard Mhacha Theas
Serving Down
and South Armagh

Mourne Mountains
& Ring of Gullion



Mourne International Walking Festival

22-24 June 2018

Newcastle and Mourne Mountains,
Northern Ireland

WALKNI

FAVOURITE WALKING
FESTIVAL / EVENT

2017

WALKNI

BEST
WALKING FESTIVAL

2016

Mourne Mountains
Voted Best Walking Destination
in Northern Ireland



Comhairle Ceantair
an Iúir, Mhúrn agus an Dúin
Newry, Mourne and Down
District Council

Welcome

Welcome to the Mourne International Walking Festival. The Mourne Mountains offer some of the best walking in Ireland and are set within stunning scenery. These designated Areas of Outstanding Natural Beauty not only offer a huge diversity of flora and fauna but also a wealth of heritage, myths and legends.

Festival Centre

The registration centre will be located at Hugh McCann's, 121 Central Promenade, Newcastle, BT33 0EU.

There is ample car parking on-site, overflow facilities will also be available.

The Walks

The festival offers an excellent range of walks to suit all levels of fitness and ability, with routes at both high and low level. For further information please go to www.visitmournemountains.co.uk or contact the Festival organiser, Pioneer Group, via info@mournewalking.co.uk

Entertainment

Ireland is famed for its hospitality. Catch up with old acquaintances and make new friends throughout the weekend. On your return from the walks you may wish to enjoy the many bars and restaurants that Newcastle has to offer.

Life & Sole Swing

Don't forget to purchase your ticket for The Life & Sole Swing on Saturday 23 June, held in McCann's, Central Promenade, Newcastle. Entry to the Life & Sole Swing is £15/€18 (under 16s £10/€12). Please note a limited number of tickets are available, pre-booking is advisable.

The Walking Timetable

Walk/Day	Registration	Bus Departs	Walk Starts	Distance	Total Ascent
Friday 22 June					
Mountain Ramble (G)					
Walk 1: 15km	8am - 8.30am	8.45am	9.15am	15km	-
Saturday 23 June					
Lowland Routes					
Walk 2: 10km (SG)	8am - 10am	-	8am - 10am	10km	-
Walk 3: 20km (SG)	8am - 10am	-	8am - 10am	20km	-
Mountain Routes					
Walk 4: 13km Ramble(G)	8am - 9.00am	9.15am	9.45am	13km	380m
Walk 5: 12km Ramble (G)	8am - 9.30am	9.00am	9.30am	12km	1076m
Sunday 24 June					
Lowland Routes					
Walk 6: 12km (SG)	8am - 8.30am	9.30am	10am	12km	-
Walk 7: 20km (SG)	8am - 9am	9.30am	8am - 9am	20km	-
Mountain Routes					
Walk 8: 15km Ramble (G)	8am - 9.00am	9.15am	9.45am	15km	345m
Walk 9: Hike (G)	8am - 8.45am	9.00am	9.30am	10.5km	953m

Key: SG = Self Guided G = Guided

For safety reasons all participants must register and sign out before and after each walk at the Festival Centre at Hugh McCann's, Central Promenade, Newcastle.

Pre-book and Save

While you may register on the day, we would request that you make bookings online via the Festival's dedicated Eventbrite page (search Mourne Walking Festival), or via email info@mournewalking.co.uk.

Alternatively, pre-book your place by completing the tear-off section of this leaflet and posting it back to us with your cheque payment.

Pre-registration not only saves you money but also allows us to order the correct number of buses.

Walking Festival Fees

Pre-booking fees:

1 DAY
€6/€10

2 DAYS
€12/€15

3 DAYS
€15/€20

On the day registration fees:

1 DAY
€12/€15

2 DAYS
€20/€25

3 DAYS
€25/€30

Please note:

- No Euro coins can be accepted.
- No refunds will be given.
- Children aged under 16 are **free** - must be accompanied by an adult.
- Pre-booking group discounts for 10 or more participants - apply for details.
- The fees for each individual walk include an administration charge, costs of staffing/leaders, and equipment and transport where provided. You will also receive a gift on completion of your walk!



DECATHLON

Event sponsor Decathlon is generously providing a FREE backpack for each walker

Other Walking Festivals

CASTLEBAR FOUR DAYS' WALKS

28 June - 1 July 2018. For further information please go to castlebar4dayswalks.com

WEE BINNIANS WALKING FESTIVAL

21-23 September 2018, based in Warrenpoint. For further information go to weebinnians.com

Walking and Safety Information

LOWLAND ROUTES

All lowland routes have been pre-marked so that participants can walk at their own pace - there are no walking guides on these routes. Limited refreshments will be available on these routes but you are advised to bring your own water and food.

THE MOUNTAIN RAMBLE AND HIKE

The Mountain Ramble and Hike are challenging and strenuous. Please only attempt these walks if you have the required level of fitness. These routes are led by experienced guides. Please bring your own refreshments.



All walkers should carry day sacks containing waterproofs, spare clothing, whistle, food and drink.



Please do not wear jeans for any of the walks.



Dogs are not permitted on any of the routes.



It is strongly recommended that walking boots are worn for all walks.



For safety reasons please ensure you sign out by 6pm at the end of each walk.

For further information on safety please go to www.visitmournemountains.co.uk

Mourne International Walking Festival 2018 Medical Consent Form

Please note

You are responsible for your own safety at all times. The organisers reserve the right to alter or cancel any route. The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made to make this a safe, enjoyable and memorable event.

Children under 16 must be accompanied by an adult on all walks. Mountain walks are not suitable for children under 14. Those taking part in any of the walks do so at their own risk and are reminded to select a suitable route for their level of fitness/ability, seeking guidance from the organisers if required.

I am entering on the understanding that the organisers or their employers take no responsibility for assessing my level of fitness or state of health.

I confirm that all participants within my booking are physically fit to take part in this event.

Signature of applicant
(if over 18 years of age)

Date

Signature of the Holder of Parental Responsibility
(if under 18 years of age)

Date